

# LESSON PLAN

**Class: B. Ed 4th Semester**

**Paper: C 11**

**Subject: Guidance and Counselling**



## Unit 1

1. Educational and Vocational Guidance
2. Types of guidance, types of guidance services
3. Counselling, counselling techniques
4. Areas of counseling

### **Course Content/Syllabus for presentation**

Sl. No.	Guidance	Time	Reading Material	Assessment	Submission date
1	Educational and Vocational Guidance	3 hours		Write up(2)	2nd class of this unit
2	Objective of Guidance	3hours			
3	Types of Guidance	4 hours		Case study(3)	4 <sup>th</sup> class
4.	Modes of guidance services	2 hours			
5.	Follow up of research and evaluation	3hours		Test(3)	5 <sup>th</sup> class

#### **Evaluation:**

1. Ten children approach you after their class XII exam for vocational guidance. How will you go about it?
2. When do you feel guidance of a child should start?

**Mode of transaction:** 1. Lectures, 2. Discussion, 3. Assignments, 4. Power point presentation. 5. Film related to topic.

**Reference:** <https://www.slideshare.net/sumbulfatima12/guidance-and-counselling-78802180>

ASSIGNMENT; Case Study:13 marks

## **Unit: 2**

### **Learning Objectives:**

The student-teachers will be able to:

1. Understand the objectives of counseling
2. Understand the different counseling techniques
3. Understand the children with special needs

### **Course Content/Syllabus for presentation**

<b>Sl. No.</b>	<b>Counselling</b>	<b>Time</b>	<b>Reading Material</b>	<b>Assessment</b>	<b>Submission date</b>
1	Meaning, objectives	3 hours			
2	Counselling techniques	3hours	”		2nd Class
3	Area of counseling	3hours	”	Write up(2)	3rd class
4.	Case Study	3 hours	”	Counselling of special children (2)	4th class
5.	Difference between guidance and counseling	3 hours	”	Case study(3)	5th class

### **Evaluation:**

1 .Counselling has become very important in today’s scenario, whether in school,home,office or community. Write down your views on this.

2. A case study will be given for evaluation.

**Mode of Transaction:** 1. Lectures, 2. Discussion, 3. Assignments, 4. Film related to topic (if needed) 5. Power point presentation.

**Reference :**<https://www.britannica.com/topic/guidance-counseling>

ASSIGNMENT: Case Study ;12 marks

